

ARROWHEAD PROFILE

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Arrowhead Trail profile. Basically flat to rolling for the first 1/3, then real hills start away before MelGeorge including a lot which force cyclists to dismount and trudge and skiers may be walking up too. Serious hills climbing out of Elephant Lake, then it flattens for a bit until more big hills to the west of Lake Vermillion. Final 20 miles are flat to finish. Have heard several numbers on total climbing of trail, likely ~7500ft.

